



## Breast Pumps

**Breast pumps are not designed to replace breastfeeding.** In most situations, they are not as effective as baby in removing milk and maintaining supply. The effectiveness of any breast pump varies with each woman – depending upon her milk supply, the ease of her let down and her pumping needs.

MilkWorks aims to carry only those pumps that we feel are effective for most women; however, what might be very effective for one woman, may not be effective for another. The following information may not apply to every woman. We will gladly share the information that we do have regarding each pump to help you make a wise choice.

Keep in mind that many women do not respond to a pump as well as to a baby and it may take your body some time to get used to using a pump.

**Medela Symphony** (*rental price*: one time purchase of kit is \$35, plus rental fee of \$20 per week or \$69.75 per month).

- Medela's newest pump; product of recent research and development; utilizes 2 phases of cycling for let down and expression and a U shape vacuum pressure for maximum efficiency and comfort; very quiet pump.
- Other features are similar to Medela Lactina.

**Medela Lactina** (*rental price*: one time purchase of kit is \$35, plus rental fee of \$20 per week or \$69.75 per month).

- Hospital-grade pump; FDA approved for multiple users; no chance for cross contamination.
- Allows for a week-to-week/month-to-month commitment and spreads payments over a weekly/monthly basis (vs. a purchased pump).
- Initiates milk supply when baby cannot latch/suckle vigorously or when re-lactating or adopting.
- Most effective if returning to work full-time or traveling.
- Will help “pull-out” nipples, reduce engorgement or maintain milk supply while healing sore nipples.
- May be used to pump and bottle feed exclusively over a long time period if necessary.
- Portable.

***MilkWorks is a Comprehensive Resource to Help You Breastfeed Your Baby***

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### **Medela Harmony** (single manual) - Call Store for Prices

- Pumps only one side at a time.
- Usually takes 20-30 minutes to pump both sides.
- One-handed pumping action.
- Both have soft flanges and incorporate a suck-swallow cycling pattern.
- Effective if you need an occasional break from nursing.
- Most effective if milk supply and let down is well established.

### **Medela Swing** (single electric) Call Store for Prices

*1 year limited warranty*

- Updated single electric breast pump; battery or adaptor powered.
- Utilizes new technology related to improved cycling.
- Comparable to a one sided Pump In Style Advanced.
- Small unit may be worn on belt loop or carried around neck for portability.

### **Medela Pump In Style Advanced** (double electric) Call Store for Prices

*1 year warranty*

- Double electric breast pump.
- Has the ability to maintain (but not initiate) milk supply.
- Utilizes 2 phases of cycling for let down and expression for maximum efficiency and a U shape vacuum pressure for maximum comfort.
- Effective if returning to work full-time or traveling; lighter weight (easier to transport) than a rental pump.
- Desirable if you want to own, rather than rent, a good quality breast pump.
- Designed for single user; not guaranteed against cross contamination.
- Will help “pull-out” flat nipples, reduce engorgement or maintain milk supply while healing sore nipples.
- Available in both an over-the-shoulder briefcase style and a backpack style.
- Both the motor and cooler are removable from the carry bag.
- Slightly louder than a rental pump or the Freestyle.

### **Metro or Limited Edition**

#### **Medela Pump In Style Advanced** Call Store for Prices

*1 year warranty*

- Pump is self contained in its own small carry bag.
- Designer carry bag converts to diaper bag or large purse.

#### **Medela Freestyle** Call Store for Prices

*1 year warranty*

- Latest technology in pumping from Medela.
- May be used hands free; motor has a re-chargeable battery.
- Face plate lights up, settings may be programmed for memory and pump has a self timer.

**Please note these prices are as of Sept 2009; prices are subject to change.**

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